

## How to Register

**By Phone:** Call (321) 255-6627

**Online:** [www.abilityplustherapy.com/ceu-course](http://www.abilityplustherapy.com/ceu-course)

**By Mail:** Mail the registration form with payment to Ability Plus Therapy  
4450 W Eau Gallie Blvd, Suite 180, Melbourne FL 32934.  
Check or Credit Card accepted.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Discipline: \_\_\_\_\_

Email: \_\_\_\_\_

**Cost: \$400 per person**

Check       Visa       MC       Amex       Discover

Name on Card: \_\_\_\_\_ Exp Date: \_\_\_\_\_

Signature: \_\_\_\_\_

**Cancellation Policy:** Full refund less \$100 administrative fee will be granted for cancellations made up to 30 days prior to the course. Cancellations made less than 30 days of the course are not eligible for refund. Ability Plus Therapy reserves the right to cancel the course within 21 days of the course with full refund, and is not liable for participant travel and lodging expenses incurred for course attendance

## Continuing Education Credits

If you are not from Florida, check your state rules and regulations as many states have reciprocal agreements with Florida boards and associations.

**Occupational Therapists, Occupational Therapy Assistants:** This course has been approved by the Florida Occupational Therapy Association for 14.5 contact hours. CE Tracking # 50-16448.

**Physical Therapists, Physical Therapist Assistants:** This course has been submitted to the Florida Physical Therapy Association for 14.5 contact hours. CE Tracking # 20-592918.

**Speech-Language Pathologists, Speech-Language Pathology Assistants:** This course has been approved by the Florida Board of Speech-Language Pathology and Audiology for 14.0 contact hours. CE Tracking # 20-592924. This course is offered for 1.45 ASHA CEUs (Beginner level, Professional area).



University of Central Florida is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

# TEACHING POSTURE FOR FUNCTION for CHILDREN with SENSORIMOTOR IMPAIRMENTS

## An NDT Based Course for Pediatric Therapists

### November 11 – 12, 2017

### Instructor: Kacy Hertz, PT, C/NDT

For Physical Therapists, Physical Therapy Assistants, Occupational Therapists, Occupational Therapy Assistants, Speech-Language Pathologists and Speech-Language Pathology Assistants

## Location

**Ability Plus Therapy, Inc.**

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Melbourne, FL 32934

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F: (321) 253-9777

Email: [Roberta.neves@abilityplustherapy.com](mailto:Roberta.neves@abilityplustherapy.com)

Website: [www.abilityplustherapy.com](http://www.abilityplustherapy.com)



## Course Description

This course provides update of NDT and current integration of theory and practice. Also, it provides a brief update of the ICF assessment model and treatment planning. An in depth look at postural control and anticipatory postural control will be covered, along with the ability and technique for teaching posture through movement and exercise to promote functional skills. Being able to function in upright and talk, breath and use your hands is an important aspect of functional tasks. Functional tasks will be analyzed and treatment plans developed and explored through LAB and practicum or demonstrations. This course is appropriate for Occupational Therapists, Occupational Therapist Assistants, Physical Therapists, Physical Therapy Assistants, Speech-Language Pathologists, and Speech-Language Pathology Assistants.

## Course Objectives

The participants will:

1. Describe the basis of NDT and its application to assessment and treatment planning.
2. Apply the ICF framework for the assessment of the postural system of children with CNS impairments.
3. Create postural and functional goals and treatment plans for specific tasks for children with CNS impairments.
4. Apply basic handling concepts to treatment sessions with discipline specific functional goals.
5. Apply information regarding therapeutic adjuncts, integrating this information into patient care.

## Instructor

**Kacy Hertz, PT, C/NDT**  
**NDTA Coordinator Instructor**

Kacy has been teaching courses throughout the U.S. for over 20 years. She is the co-owner of City Kids, Inc. in Chicago, IL. She is passionate about helping therapists become better clinicians. Her curriculum focuses on practical application of handling techniques to enhance the clinician's management of their clients. Kacy brings a wealth of clinical experience to each continuing education course.

## Agenda

### Day One

8:00-8:30	Registration
8:30-9:30	NDT Update, New definition
9:30-10:30	ICF Model of Assessment and how to assess posture and alignment related to functional skills
10:30-10:45	Break
10:45-12:00	What is anticipatory postural control? Can we teach it?
12:00-1:00	LUNCH
1:00-2:00	LAB for abdominal exercise and Postural Control
2:00-3:15	Integration into functional skills and UE use
3:15-3:30	Break
3:30-4:30	Practicum
4:30-5:00	Discussion of Practicum and questions

### Day Two

8:30-10:00	Thoracic Extension, Ribcage mobility and abdominal activity
10:00-10:15	Break
10:15-12:00	LAB for abdominal exercise, ribcage mobility and thoracic extension
12:00-1:00	Lunch
1:00-2:00	The LE/The UE-how to add it into function
2:00-3:15	LAB for LE exercise and Connecting the LE/UE to the Trunk
3:15-3:30	Break
3:30-4:30	Practicum
4:30-5:30	Discussion/Case Examples/Problem Solving and Putting it all together!

## Financial Disclosure

Kacy Hertz will be receiving a stipend for this course from Ability Plus Therapy, Inc.

## Non-Financial Disclosure

Kacy Hertz has no non-financial disclosures.